

## **VBHS Cheerleading Program**

We will be implementing motivating factors (including efforts intended to enhance feelings of competence, self-determination and skills) during cheerleading intramurals prior to tryouts. We also partake in a district-wide cheer camp open to high school and middle school cheerleaders the first week of summer.

We have adjusted the complexity of tumbling requirements preferred for Varsity to be a standing back-handspring (a minimal tumbling skill) which was previously a back tuck. Students also have the opportunity to learn these skills on the Junior Varsity level so they can excel to Varsity.

We have developed a "Sponsorship Program" available for individuals who have financial burdens to help defray costs for camp, uniforms and private tumbling coaches.